

BREAKFAST

48 hours notice is preferred.

A LA CARTE

Price is per person, minimum order of six per selection.

**PEANUT BUTTER &
CHOCOLATE CHIP GRANOLA BAR** 2.25

**SHELDON CREEK PLAIN YOGURT
WITH LOCAL HONEY** 3.50

CeC SIGNATURE FRUIT SCONE 2.00
Choice of apple cinnamon, blueberry, lemon cranberry or plain.

FRESH BAKED MUFFIN 2.75
Served with creamery butter.

FRESH BERRIES & FRUIT SALAD 4.25

CeC CRANBERRY GRANOLA 5.25
Served with Sheldon Creek plain yogurt and local honey.

BREAKFAST BOX 12
CeC daily muffin, bottled juice (choice of apple, orange or grapefruit), Sheldon Creek plain yogurt with a fresh seasonal fruit cup and house cranberry granola.

BEVERAGES

**LAS CHICAS DEL CAFÉ
MEDIUM ROAST COFFEE** 16.00
Per carafe/8 cups

**CLIPPER ORGANIC TEA
ASSORTED FLAVOURS** 16.00
Per carafe/8 cups

BOTTLED JUICE 2.85
Choice of apple, orange or grapefruit.

ESKA BOTTLED WATER 2.25
Choice of flat or carbonated.

LUNCH

24 hours notice is preferred. Price is per person.

SANDWICHES

GRILLED VEGGIE 8.25
With hummus, basil pesto and mixed farm greens.

CHICKEN CLUB 8.75
With double smoked bacon, grilled peppers, Cow's smoked Cheddar, kale and roasted garlic aioli.

HOUSE BRAISED BRISKET 8.75
With house kraut, Frère Jacques swiss and house Russian dressing.

CHARCUTERIE 8.75
Dolce Lucano charcuterie, roasted garlic aioli, spicy olive peperoncini tapenade, roasted red peppers and marinated artichokes.

BOXED LUNCHES

CLASSIC 13
Choice of sandwich served with a cookie and bottled water.

PREMIUM 16
Choice of sandwich served with a seasonal house side salad, a cookie and bottled water.

SOUP + MORE...

DAILY SOUP 5.25
Served with house focaccia.

DAILY CRUSTLESS QUICHE 5.25

ADD: 4
Soup, mixed green salad or house salad to any sandwich order.



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SALADS

HOUSE SALADS 6.75
Side 3.50 Lunch

FRESH MIXED GREENS 7.75
Side 3.50 Lunch

Mini kale, shredded cabbage, fresh greens, sprouts and seasonal veg.

Dressings: Choice of red wine vinaigrette, miso, tahini or pesto.

FARM HOUSE SALADS 13

Chicken: house smoked chicken, radish, roasted red peppers, lemon quinoa, mustard kale, carrot and tahini dressing.

Salmon: cold roasted lemon salmon, pickled veg, roasted red peppers, cucumber, pea shoots, carrot, marinated mushrooms & miso dressing.

Vegan: Lemon quinoa, carrot, mustard kale, cucumber, radish, hummus, grilled vegetables and pesto dressing.

ENTERTAINING A LARGE GROUP?

Start with:

HOUSE SIDE SALAD 3.50
With a grilled chicken breast add 4.25
With cold roasted salmon add 7

HEALTHY ALTERNATIVES SNACK BOX

Serves 12 (as a snack) 75

Our healthy alternative snack box contains some of the regions freshest ingredients: CeC house focaccia toast points, a selection of two of Ciboulette et Cie's hummus', crisp vegetables such as cauliflower, broccoli, carrots and celery, as well as some Cow's smoked white cheddar bites.

